

*Discontinued mm April*

# THE COSMIC WORLD

NOVEMBER, 1908





# Your Thoughts Make You

ONE of the most vital truths known to man to-day is expressed by James Allen in his wonderful book, "AS A MAN THINKETH." This book is a message from a great writer who wishes to awaken the mind of the race to the important fact that "As a man thinketh so is he"—that each of us is what he is simply and solely by reason of what he has thought—that our to-days are but materialized thoughts of yesterday—that our to-morrows will be but the finished material created from the warp and woof of our mental activities of to-day. Mr. Allen teaches us that "Thoughts take form in action"—that our thoughts are pressing forward ever toward material expression and activity—that we are constantly making mental paths over which we must travel in our material activities. He also teaches us that our minds are mighty magnets attracting to us the people, things and circumstances in harmony with the general character of our thoughts—that our Mental Attitude determines the nature of our environment, and the character of our associates and occupations. He makes no attempt to advance strange, weird, mystical theories, but, on the contrary, shows us that "As a man thinketh so is he" is but the statement of the operation of a great universal law, as invariable and constant as the swing of the planets, and the rise and fall of the tide—and just as natural as either. These, and many other truths, this writer tells us in this great book which has attracted the attention of the thinking world. Read it together with *Eternal Progress* and be master of your own life.

## As A Man Thinketh

By James Allen

A remarkable volume, the object of which is to stimulate men and women to the discovery and perception of the truth that

"They Themselves are Makers of Themselves"

by virtue of the thoughts which they choose and encourage: that mind is the master-weaver, both of the inner garment of character and the outer garment of circumstances, and that as they may have hitherto woven in ignorance and pain they may now weave in enlightenment and happiness.

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Thought and Character.  
Effect of Thought on Circumstances.  
Effect of Thought on Health and the Body.  
Thought and Purpose.  
The Thought-Factor in Achievement.  
Visions and Ideals.  
Serenity.

It is little books like this that give one higher ideals and renewed inspiration. They make one forget "circumstances" and "environment" and think only of the power that lies within oneself. "Thought tends to take form in action," and Mr. Allen shows how practical this can be made and what a force it can become in the life of anyone. "You will be what you will to be" is not merely a poetical thought, but a practical truth. With a definite ideal in his mind, believing in it and working towards it, Mr. Allen claims a man can make of himself what he wills. "As a Man Thinketh" is a book to make a friend of and may be studied for years without exhausting its truths. 80 pages, printed on exceptionally heavy Egg Shell paper; bound in silk cloth.

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# Special Announcement

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The purpose of THE COSMIC WORLD is to present the highest spiritual thought that is known in the world to-day. The best and the most spiritual methods will be given for the healing of the body, the illumination of the mind and the unfoldment of the soul. To reach the spiritual life of complete emancipation, and attain cosmic consciousness now while still in personal form, is the great goal in view. And this periodical will aim to make the way so clear that any awakened soul can understand. THE COSMIC WORLD is published monthly at \$1.00 a year, and a free copy of "On The Heights" is given with every yearly subscription. This book deals with the sublime heights of cosmic consciousness, the mountain tops of the spirit, and presents in simple language, the true steps to the heights, to which is added that wonderful spiritual gem, "The Soul's Prayer." The December number of THE COSMIC WORLD will contain fifteen or twenty short sermons on selected texts from the highest teachings of the Christ. This will be a spiritual feast indeed, and we are assured that everybody will express their truest appreciation.

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## THE COSMIC WORLD

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Published Monthly by THE PROGRESS COMPANY,  
515-519 Rand-McNally Building, Chicago, Illinois

CHRISTIAN D. LARSON, President  
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WILLIAM WALKER ATKINSON, Vice-President  
EDWARD E. BEALS, Treasurer and Manager

Price, 10 cents a copy; \$1.00 a year. City of Chicago, \$1.25; Canada, \$1.25; Foreign, \$1.35. Sample copies, 10 cents each. Published on the 10th of the month. Change of address should be sent two weeks in advance, and please give the former address as well as the new address.

Entered as second-class matter September 28, 1908, at the post-office at Chicago, Illinois,  
under the Act of March 3, 1879.

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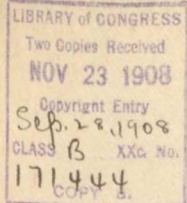


# To Heal Yourself

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**T**hink of your entire being as divine substance. Use no denials. Ceaselessly affirm the truth. Know that all is good in real being and that you are real being. Do not argue with yourself or suggest external conditions to the mind. Think what is real in the perfection of your being, and in the soul of that divine thought live. Rest in the stillness of the spirit, and feel the healing life of the Infinite, calmly, peacefully and soothingly flowing through your entire being. Know that God is closer than breathing, nearer than hands and feet. Know that every atom in your being—body, mind and soul, is filled with the life, the love, the peace, the health, the wholeness and the power of the Most High. Be still, and know this truth, and limitless power from the great spiritual within will come forth and restore all things. Do not depend upon personal efforts; do not divide your faith between the lesser and the greater. God is sufficient. Open your life to Him and you will be whole from that very hour.





# The Cosmic World

Vol. I

NOVEMBER, 1908

No. 3



**W**HEN we think of God as absolute and infinite, and try to picture His spirit as it fills the universe with His transcendental omnipresence, we seemingly lose, at first, that beautiful something that makes Him personal to us. God does not seem to be God unless we can think of Him as a friend, and go to Him as we would to some person that was very near and very dear. It seems difficult to speak to an Infinite Being, and there is no beauty or comfort in believing in God unless we can speak to Him at any time when we feel the need of His tender care. Nevertheless, our reason declares that God must be infinite or He would not be God; and our spiritual discernment concurs with reason upon this great, momentous theme; but since God is infinite, absolute and omnipresent, how can He be personal? And if He is not personal, how can we think of Him as being different from cold principle and law?

How The Infinite  
can be Personal

We cannot think of love as existing apart from personality, and God is love; therefore He must be personal; but how can God, who fills the universe, be personal? This is the problem that confronts nearly every mind that passes from the literal belief in truth to the spiritual understanding of truth. When we try to think that God is not personal, we feel as if we have lost a great friend, the very friend of all friends; there seems to be no use for prayer, because how can the limitless Soul of the universe be interested specially in one of us, a mere atom in the immensity of the cosmos? Besides, we find it practically impossible to pray to something that is nothing but changeless principle and immutable law. We therefore cease prayer and substitute affirma-

We Cannot Pray to  
Changeless Princi-  
ple



tions; but something is lacking; the soul remains comfortless; the intellect may be satisfied, but the tender elements of love and sympathy are gradually disappearing, and finally we come to a place where nothing but cold intellect remains. Then we discover we are not on the path; we have gone astray, and everything the heart has wished for seems to be far in the distance.

God Lives and Acts  
Everywhere

With God all things are possible; therefore, it is not beyond His power to be personal as well as absolute; nor is it beyond the power of man to understand how this can be. God is the great Soul of the universe. He lives and acts everywhere, and there is no place where He is not; nevertheless, He is just as personal to any one of us as the very dearest friend; in truth, more so, because His personal nearness to us is closer than that of any friend, closer even than life itself. He is not limited and circumscribed as the form of a human personality; if He were, He could be personal only to those who lived in the same locality as He might happen to live; and therefore the vast throngs would receive no more comfort from His personal care than if they should try to worship principle and law. The very fact that God is infinite makes it possible for Him to be personal to all the souls in the universe; and the fact that He is present everywhere throughout the limitless vastness of space makes it possible for Him to give His personal care everywhere, thus ministering individually to every soul in existence.

Seek God in The  
Within

God is individualized in every soul; that is, He actually lives in the very being of every soul. God is within us, "closer than breathing, nearer than hands and feet;" therefore it is not necessary to look to the great Soul of the universe whenever we think of God; to look within is sufficient. To contemplate the vastness of infinite life or the immensity of a universal soul is to lose sight of God. We can know Him only when we meet Him face to face within the sacred realms of our own divine spirit. Do not look towards the vastness of the without, but look towards the divinity of the within, and God will be there. He is always there, and His being there means that He is personal to us, ever ready to give personal attention to any need that we may have at the time. Being within us, and being in the very life of our own spirit, He



is nearer than even our own personality, and can therefore give us His personal attention whenever we may so desire. Though He is not personal to any one or any special number alone, being omnipresent, He is personal to all souls at all times, and that is a truth that is beautiful indeed to think of. The vine is united with all its branches, and gives its very life to each individual branch at all times. The vine is personal to each branch, and yet is not confined to the personal form or personal limitations of any one branch. In like manner, the Infinite is personal to every soul, but is not localized as any one individual soul may be.

When we state that God is in His heaven, we do not mean that He occupies a certain local heaven, because God is everywhere, and where He is there heaven must be also. Nor do we mean that He has a local throne, because the Infinite is enthroned in every soul, and all souls are spiritually one; therefore the great throne of God is the spirit of all souls united in one perfect, universal divinity. But there is also a local heaven; there is a local heaven in every soul, and God lives there eternally; there is a local heaven wherever two or more are gathered in His name; there is a local heaven wherever there is a new heaven and a new earth; there is a local heaven on the spiritual heights of every world of divine existence; and there are heavens above heavens both in the great without and the great within, the higher we ascend upon the great eternal path of endless and limitless glory. God has provided everything that the life of man may desire. There are heavens for the senses and heavens for the soul; there are heavens that the eye can see and the person enjoy, and there are heavens that only the soul can discern while on the mountain tops of its own exalted divinity. And everywhere there is God giving His personal thought to every human desire or need.

Where We May  
Find Heaven

God is not a personality, but He is personal to every personality in existence. He is personal to each one of us because He is in actual personal touch with each one of us. He lives in all, therefore he is personal to all, and can give personal attention to the needs of each and all. The soul knows this; the mind in its higher states of consciousness

Why We Believe in  
a Personal God



has discerned it, and thus the belief in a personal God has arisen. The mind has discerned only the personal presence of God in the soul at certain intervals, but the soul knows that God is personally present at all times in all souls. Thus the former belief in a personal God is not lost; it is only made infinitely larger. The feeling that we can speak to God as we speak to a personal friend continues, only that feeling has become infinitely more beautiful. To realize that God lives in us and we in Him, is to know that we are personally in touch, not with a part of God, but with all of God; and that all His power, all His wisdom and all His love is for each one of us now and eternally. All that the father hath is mine; and being infinite, He is personally interested in me even though He be personally interested in all the other souls in the universe at the same time. What He can be to one He can be to all, and He is. His eye is ever upon each one of us, and His hand is ever ready to guide whenever we may so desire.

God is Personally  
Interested in You


God never ceases to think of you, nor should you cease to think of Him. He is personally interested in you and your welfare; then how can ill befall you? Why should any of us ever go wrong with the Infinite Hand so near? There are no reasons why unless it should be our endeavor to understand through reason that which the spirit alone can discern. Depend upon the spirit; follow the light of the spirit and every moment shall reveal the presence of God. Everything we do will be directed by His wisdom, and His power will see us through. Nothing need disturb us, neither need we ever be anxious. God wants us to reach our goal. He is personally interested in every undertaking we have in hand, and He is working with us, placing His limitless power at our command. Therefore, we need not be concerned when unexpected changes appear; every change will be a change for the better; every turn in events will lead us into greater events, and every door that may close on the left will open another door on the right through which we may pass to a greater world than we ever knew before. This is what will happen when God is with us; and He is always with us, only we must learn to receive everything that He has to give.

To know God is the beginning of wisdom, because God is the source of wisdom. The nearer we live to the source the more we receive of



that which comes from the source. The mind that is not consciously living with God may have intellect and mental capacity, but the wisdom that knows can come only to that mind that is walking with God every moment of conscious existence. The mind that does not know God thinks in the darkness; the mind that does know God thinks in the light.

### One Touch of the Spirit and All Is Well.

HEREVER we may be, whatever has happened or whatever may threaten to happen, it matters not; there is a power that can change everything. There are no reasons for sorrow, fear or regret; there are no occasions for anxiety, discouragement or despair; there is a path that leads to the world of the heart's desire, and anyone may find it. Great learning is not required, nor shall we find certain fixed beliefs necessary. The secret is simple, simple enough for any mind in the world, because it is the will of Infinite Love that every mind in the world shall know the way. None need stumble, none need go astray, none need ever be lost. All that is necessary is to follow the voice of the soul, and this voice is ever proclaiming in language divine, Return Ye Unto God.

Return Ye Unto  
God

The world has tried every imaginable method to gain freedom, but when all these methods fail, as they all will, Return Ye Unto God. The moment we return to Him, all that we have lost will return to us; and that which we do not wish for will vanish. When we return to Him we return to our own, because He is the source of everything that can possibly be our own. To be with Him is to be where we wish to be, and where we wish to be there we shall find the "gates ajar" to the heaven that is within. Before we can enter the heaven that is within us we must find perfect peace for mind and soul, and this peace we always find when we return to God. The more closely we live to His presence the deeper and more exalted the calm; and out from the silence of this calm comes the sacred symphonies of life, that music of the soul that we all recognize as the prelude to the kingdom of God. When we can hear it

The Gates Ajar !



### And His Face Did Shine as the Sun.

Cosmic Conscious-  
ness

**T**HE great goal is cosmic consciousness, and every soul that endeavors to live according to the highest light that is known in the world, is daily drawing nearer and nearer to that sublime state. To such a soul the heavens may be opened at any time, and the splendors of the cosmic world revealed. Then everything will change. Life will not be the same any more. The meaning of it all will be discerned, and no fault can be found anywhere. When we look at life from the heights of the cosmic realm we see only the divine side of existence; we therefore can see no evil; in brief, when we are in the cosmic we have absolutely forgotten everything about evil; we do not know that there is such a thing as evil because we are in that exalted world where we can be conscious only of the good. And here is the real evidence of cosmic consciousness. When you have entered the peace that passeth understanding and the joy that can only be described as a million heavens in one, you are in the cosmic state, providing you have forgotten every ill and every wrong you ever knew. In the cosmic world everything is as God made it; nothing has been changed in any way; absolute perfection and absolute divinity reign supremely, and the glory of it all no power in man can ever attempt to picture. It is beyond all the powers of the personal man; it is for the soul only to understand and enjoy.

What We Find in  
the Cosmic State

When we enter the cosmic state we transcend that part of man that takes cognizance of the imperfect and incomplete; we enter a realm that never knew anything less than absolute, divine perfection, and therefore when we are in that realm we can know no evil. In the cosmic state our eyes are too pure to see evil, and the mind too high in divine consciousness to even think of evil. We are thinking the thoughts of the Infinite and everything we are conscious of is manifesting the shining glory of the Most High. In the cosmic state we think the truth, the absolute truth, because in that state everything is the expression of absolute truth. Therefore, the more frequently we



enter into the realization of cosmic consciousness the more fully will the mind discern the truth, and the more readily can we think the truth whatever the field of our thought may be.

There are many minds that think that they have frequent experiences in cosmic consciousness, but not all of these have judged those experiences correctly. The great within is filled with wonderful realms of every description, and some have mistaken one or more of these realms for the home of the soul when the body has been removed. Many have thought they have seen heaven after beholding the gorgeous splendor of these inner realms, while others, after meeting the beautiful thoughts that take human shape in the great within, believe they have conversed with angels. But this is not the cosmic world. Though we may find peace and joy and ecstasy without measure in many of these beautiful interior realms, still we also find imperfection in one or more of its many forms. We do not forget evil while we are in the ecstasy of the great within; nor do we become unconscious of everything but that which is pure shining divinity. This, however, is precisely what happens when we are in the cosmic state; we meet only that which is wholly in the likeness of God, and our joy at times becomes so great that our feelings cannot contain themselves. Our cup overflows and the person bursts forth in tears. We have found that for which we have waited and prayed so long; we are inwardly moved as never before, and it is but natural that the person should weep for joy. We have found eternal life, we have felt His presence, we have touched the hem of His garment, we have met Him face to face.

How To Know the  
Cosmic State

The greater number of those who are spiritually inclined are almost constantly on the verge of the cosmic state, and at intervals they receive glimpses of that wondrous world. Could they but see themselves at such moments, they would discover that their faces are also shining as the sun, for their minds are illumined with radiant glory from on high. But such moments do not usually come when the senses expect them, nor can they be produced at will. We gain glimpses of the cosmic only when the soul occupies the supreme state in consciousness, and we begin to live within the pearly gates of the cosmic when

The Shining Coun-  
tenance



the soul has gained full supremacy in every domain in consciousness. Therefore, to attain cosmic consciousness, we must give the spiritual life the first place in everything; we must do everything to the glory of God, and follow the light of the spirit in everything we may think or do. The eye must be single, and to see and to know only that which is wholly divine must be the one supreme desire.

The Path to Cosmic  
Consciousness

The ruling spirit in the cosmic world is divine perfection; therefore the more we think of divine perfection, and the more we try to see divine perfection in all things, the more we develop the consciousness of divine perfection; and the development of this form of consciousness will finally culminate in divine consciousness which is synonymous with cosmic consciousness. To keep the eye single upon the great truth that every creation of God is good is to draw nearer and nearer to that state where we became conscious only of the absolutely good; then follows the limitless joy of the cosmic world. But when we permit the eye to become double, and begin to see the evil as well as the good, the unreal as well as the real, we fall from our lofty state; and this is the only fall of man. When we partake of the fruit from the tree of the knowledge of good and evil, we fall from the cosmic world, and we have to leave paradise. We cannot live in the garden of bliss, in the joys of cosmic consciousness, so long as we know evil as well as good; but when we become unconscious of evil, with the eye single upon His supreme goodness alone, then the gates of paradise shall open for us once more. Then we shall forget everything but that which is good and beautiful and true; we shall enter the new heaven and the new earth, the new heaven in the within, and the new earth in the without, and while still in personal form we shall live in the cosmic world.

To Live Is Alone  
Sufficient

To rise daily into a higher and better understanding of the reality of the cosmic state of existence is to become conscious, more and more, of the real sweetness of existence. Life becomes so rich and so beautiful that to live is in itself absolutely sufficient. In the cosmic state every moment seems to be an eternity of bliss, and every movement of consciousness produces a million pleasures. In comparison, the joys of sense have no significance whatever. Therefore, when the mere



living of life gives all the joy that heart and soul may desire, it is evidence conclusive that the cosmic state has been reached; and the joys that are to follow, the soul on the heights alone can know.

### The Perfection of My Being Is Now Realized in the Consciousness of My Oneness with God.



THE good that is inherent in everything is infinitely greater and more powerful than any imperfection or undeveloped condition that may exist in the outer world. And therefore when this good is recognized and brought out into real life, that which is not good must disappear. To apply this great truth to yourself, to others, to circumstances, is to place mind and soul in that attitude where conscious contact with the divine perfection in all things will be gained. In consequence, the good that is within will increase, while undesired conditions in the without will decrease. To recognize the greater good that is inherent in all things is to cause that good to become a greater and greater power in you, until it becomes just as strong in action as it previously was in realization.

The Greatness of  
Him that is within  
you

Live in the conviction that "I am greater than all my ills or failures; that I am greater than the limitations of my circumstances, and greater than any condition that I can possibly meet." When you feel that you are greater than your ills, those ills cannot long remain, because what you inwardly feel, you realize, and what you realize, you bring forth into living expression. To open the mind to the great thought that the health that is within you is greater than any disease that you can ever know, is to open your life to the power of that health; and when the greater power of the health that is within you comes forth into the life of every atom in your being, the lesser power of disease, weakness or adverseness must vanish completely. No disease can long remain in your system after you begin to live in the constant conviction that the absolute health that is within you is infinitely greater and more powerful than all the sickness in the world. Nor can

The Secret of Over-  
coming



that greater good in all things that is ever waiting to serve. We have become friendly with the best that is in the world, and the best is becoming friendly with us in return.

Live with the beautiful side in human nature and your own life will grow more and more beautiful until you become an inspiration to all the world. Look for the greater good in all things and you will find God in all things. And when you find God in all things God will be with you in all things.

How Freedom is  
Produced

To give the world emancipation is the ruling desire of all minds that are spiritually awakened; and these should remember that to overcome evil with good is the only way. Forget the wrong that may appear in the outer world of things, and give all your thought to the great good that is inherent in all things. You thereby place in action the greatest emancipating power that the human race will ever know.

### I Can Do All Things In Him That Strengtheneth Me.

The Lost Word



ILLUMINED minds in every age have declared their belief in what may be termed the sacred word; or that formulated statement of truth through which unbounded power could be expressed. According to this belief, anyone who knew this secret word or statement, could, by the use of that word, secure anything he might desire. Through this word the sick could be healed, adversity overcome, calamities prevented, enemies turned into friends, earnest desires realized, life prolonged, and everything gained that would tend to promote the comfort and joy of existence; and those who were high in the scale of spiritual attainments, could, with this word, perform miracles. This was the belief, and this is still the belief among nearly all who recognize divine power in man. But what this word really is, is a mystery in the minds of the many, and therefore it is usually called the lost word.



The great word is not a word, as many suppose, nor a definite statement of truth. The great word is the SOUL of every word, the SPIRIT of every thought and the INNER POWER of every expressed statement. In the minds of the great majority it is a lost word, because their speech does not have soul, their thought does not have spirit, and their statements of truth, or untruth, are devoid of inner power. But those who are learning to live, think and act, not as material personalities, but as Sons of God, are finding the great word; they are beginning to speak with authority, and there is hidden power in everything they say. What they say will come true, does come true; what they think they can do they gain the power to do, and their work invariably contains some exceptional quality that the ordinary mind cannot define. The spiritually minded, however, can understand; they know the secret; they realize that the great word is the supreme power of divine being coming forth into the speech, the thought and the actions of the fully awakened soul. And if these minds will continue to enter more and more deeply into the spirit of this supreme power they will find that the great word can do everything that the ages have declared that it could do. Thousands to-day do, at times, use this secret word; that is, they give SOUL to what they say, and they give SPIRIT to what they think; in consequence, their words carry weight and their thoughts have extraordinary power. But they do not, as a rule, understand how the power of the soul is given to word and thought, and therefore do not secure results whenever they may so desire. The secret, however, is simple, so simple that it can be comprehended and applied by anyone.

The Great Word  
Defined

To begin, train yourself to feel INNER power whenever you give expression to a statement of truth; and whenever you think enter into the SPIRIT of your thought. When you speak, do not simply say words; say more. Never indulge in empty speech; that is, place yourself, your whole self, your great self into every word you utter. Let the spoken word be the body of your speech, but see that every body has a great soul. The audible word itself has no power, but that word can carry all the power that you can inwardly feel at the time it is spoken. When you give SOUL to your speech every word will contain hidden power, and it is this hidden power of the spoken word that constitutes

Finding the Lost  
Word



the secret word, the great word, the word that works wonders for those who understand. We realize, therefore, that there is nothing mystical or mysterious about the great word; it is simply a measure of supreme spiritual power taking expression in thought or speech. Jesus Christ was the greatest master in the use of the word that we know, though there have been hundreds in every age that have discerned its power and applied it to a great degree. In this age there are more than there ever were before who are consciously using the word, but as the general understanding of its nature is not clear, results are not as great as they might be. But it is predicted that we are to do the greater works, and it is our privilege to do so now because we have received the power.

#### The Greater Works

There are thousands in the world to-day who are ready to do the greater works; they understand the law; they know the truth and their desire to live the truth is becoming stronger every hour; but there is one thing more needful. We must enter more deeply into the spirit. To believe in things spiritual is not sufficient; nor will the daily effort to conform with spiritual principles supply the necessary requirements. We must do all of these things and more. We must aim to enter into the very life of the innermost power of the spirit whatever we think, say or do. When we think the truth, we must mentally feel the INNER SPIRIT of that truth. When we desire the realization of some divine quality or perfect condition, we must mentally feel the deep invincible SOUL of that desire. And when we speak, we must not speak as personal men, but as spiritual Sons of the Most High, endowed with limitless power from the Supreme. In brief, whatever we do in body, mind or soul, we must enter more deeply into the hidden powers of the spirit, and must try to realize that that power is the very SOUL of all power. When we think we can feel the soul of divine power, we must try to enter into the soul of that soul; and when we realize that a deeper soul state is being felt, we must try to enter into the soul of this deeper state, and so on, ever going deeper and deeper into the limitless vastness of the spirit. ¶ Thus we shall gain the great word, the word that gives SOUL to every word, SPIRIT to every thought and INNER power to every statement.



Give SOUL to every spoken word and you can heal yourself by saying, "I Am Well;" you can emancipate yourself from every adverse condition by saying, "I Am the Freedom of Divine Truth;" and you can cause every atom in your being to thrill with life and power by saying, "I Am the Strength of the Infinite." Give SPIRIT to every thought you think and every condition you picture in the mind will be realized in the body. Every true desire you feel will be fulfilled, and every dream of greater things will positively come true. What you think you can do you will gain the power to do, because every thought that is filled with the spirit is also filled with the limitless power of the spirit. Give INNER power to every statement, and whatever you affirm to be true you will cause to come true. The great word is creative, and if the hidden power of this word is IN your statement, it will create whatever your statement may affirm. Therefore, select your statements with wisdom, and pray only for that which you know that you want. When you regain the lost word, all your prayers will be answered and all your desires come true. It is therefore advisable to pray for wisdom first, to desire spirituality first, and to seek first the kingdom of God.

Healing Yourself  
With the Word

**The Spirit Leads Me and Guides Me. The Spirit Keeps Me and Protects Me. And All Is Well.**

**G**IVE God the glory for what you have and you will receive more. Be grateful for the measure that is coming to you and that measure will increase perpetually. This is the law and it will never fail unless you fail to do to others what God is doing to you. Giving and receiving must be equal in your life. We must give something for everything we receive; nothing is free; the universe is not built in that manner; but giving does not imply the gift of things. True giving and true being are one and the same in real life.

Give God the Glory

The act of giving produces just as much joy as the act of receiving, because both add to the richness of existence. When we give much we

Giving Much and  
Receiving Much



bring forth much from the depths of divine being, and what we bring forth becomes a permanent part of actual life. When we give much we add to life from the within; when we receive much we add to life from the without; and when the richness of the within is harmoniously blended with the richness of the without, then real living begins. But the two must be equal. When we give more than we receive, or receive more than we give, discord follows, and herein we find the cause of many troubles and ills. The lesser without cannot receive the greater within, nor can the greater without be appropriated and appreciated by the lesser within. The small, undeveloped mind cannot enjoy the sublime grandeur of nature, nor can the great, highly developed mind find contentment in crude, uncultivated surroundings. The without and the within must be in harmony if the highest happiness and the truest life is to be enjoyed, and this harmony is invariably secured when giving and receiving are equal. In truth, there is no other way; if we would have the real correspond with the ideal, and the capacity to enjoy be as large as the good things we have found to enjoy, we must give as much as we receive and receive as much as we give.

What it Means to  
Give

Before we can receive those things in the without that have worth, we must bring forth worth from the within. What we bring forth from the within we always give to the world, because no person can enrich his own spiritual life without enriching the whole world thereby. Before we can receive the best of all things in the without, we must bring forth the best of all things from the within. But to desire to give to the world from the richness of our own nature is not sufficient; many have done this and have found themselves in want, both physical and spiritual. To desire to receive is just as necessary as to desire to give. The two desires should be equally strong, and together should hourly grow in strength. The desire to receive is just as good as the desire to give, providing the two desires are equally dear to the heart. The more we receive the more we can give, and the more we give the greater our capacity to receive. Therefore, by placing ourselves in that position where we can constantly give more and more and constantly receive more and more, we not only add more and more to the richness and



beauty and perfection of our own life, but we become a great power for good in the world. And this is our highest aim.

Before we can live a great life and receive from the external world those things that naturally belong to a great life, we must give forth into real life more and more of our own inherent greatness. Before we can receive as much from the world of things as our largest personal needs and desires may demand, we must unfold, develop and use those powers and talents that are necessary to the building of greater and greater things. Be of great use in the world and you give more and more to the world. In response the world will bring your own to you. He who actively is much, gives much; and he gives the most who serves the best.

Your Own Will  
Come to You

To serve the human race in the largest and highest sense, we must bring forth into living expression the truest, the best and the greatest that we can possibly find in the depths of our own sublime being. And to this end we need all the inspiration we can receive from nature, all the love and friendship we can receive from man, and all the wisdom and power we can receive from God.

To become all that we are destined to become, we must receive the largest possible measure from every source, but we cannot receive the largest possible measure from any source unless we give all we have the power to give whenever we have the privilege to do so. And this privilege is ever present. Whatever our field of action may be we may give the very best that there is within us; and we will not do so in vain. Live a great life where you are; hide nothing that has worth; use every talent in full measure; bring forth into life and usefullness the highest powers that you know you possess, and you will enter into a greater and greater life, until you finally reach the supreme heights of exalted spiritual attainments. Awaken everything within you that can, in any manner, enrich, beautify and perfect the whole of life. Do not limit the giving of your greatest self to any one part or any one group of parts. Live for the universe and all that the vastness of the cosmos may contain.

Be All that You are



The more we all give to the whole of life the more we all shall receive from the whole of life. We therefore have everything to gain by giving more and more everywhere, and by receiving more and more from every source in order that they may give again in still greater measure. And herein we find the secret to that beautiful life that God has prepared for them that love Him.

**The Mind that was in Christ Jesus the Same Mind is in Me.**

True Spirituality



O establish permanently the living of life in the spiritual state of being is the greatest need of man. But this is not possible so long as we live in that conception of spirituality that forgets the body. The body is the temple of the spirit, and must therefore receive just as much thought and attention as we give to the spirit. To neglect the body is to make real spirituality impossible, because real spirituality is a living thing, and must have a highly developed personality through which this **LIVING** may be expressed. Spirituality is not simply in thought, feeling or abstract contemplation; there is no spirituality without the actual coming forth of real soul life; but the life of the soul does not come forth into tangible personal living unless the body is trained to respond to that life.

Spiritual Growth

The spirituality that we seek is that full expression of the soul that fills every atom in the body and gives the sublime wholeness of divinity to the entire being of man. To be spiritual is to be complete in body, mind and soul; to live the fullness of real life in every element of life, and to bring forth the truest, the best and the most beautiful that exists within us. To become spiritual is to refine everything, perfect everything, beautify everything, and make the ideal real, not only in thought but in every part of physical life, mental life and spiritual life. To grow in spirituality is to continue perpetually to spiritualize the body, as well as mind and soul, until the visible man is as pure, as strong, as wholesome and as beautiful as the highest state of divine existence.



True spirituality will give health and vigor to the body, power and brilliancy to the mind, strength and perfection to the character, and sublime loveliness to the soul. The more spiritual you become the more beautiful you become in person, the more refined you become in all the elements of your nature, the more powerful you become in every thought and action, and the more comfort, happiness and real satisfaction you will receive from everything you may do in life. When spirituality is highly developed you live constantly on the heights; you see all things as they are in the real; you know that you are created in the image and likeness of God; you are in constant touch with the beauty and splendor of the cosmic world, and your joy is supreme. You are living in the light of the spirit, and your mind at times is so illumined by that light that your understanding of higher wisdom becomes extraordinary. You thus enter those lofty realms from which all true prophets have received their inspiration, and, accordingly, you become one of those who are chosen to be taught of God.

Chosen to be  
Taught of God

To enter real spirituality is to anchor the mind in that very power that holds and guides the universe; and such a mind is always safe. Such a mind will not go wrong; and even though it be strongly tempted, it will be removed from danger before it is too late. There is something in the higher world about us that can and does protect the soul; and those who are fixed on high in the spirit are ever in the care of this divine protection. Dangers, calamities or catastrophes will never touch them; they are invariably taken out safely, no matter what may happen; they are ever in the hands of God, and all is always well.

Anchor the Mind in  
the Spirit

This higher guiding power, however, does not simply protect the chosen ones from that which is not desired; but those who have supreme faith in the spirit will be led on and on into the larger and larger realization of that which is desired. The spirit contains all, and to grow in the spirit is to receive all. Not simply that all that satisfies the demands of the intellect or the feelings of the soul, but that all that fully supplies every want, desire or need of the whole man. Spirituality is the highest good of all life realized in full living expression. In the spiritual life there is no need, neither is there any false

What we are Led to  
do We are Given the  
Power to do



desire. Every desire is true to the great purpose of eternal life, and every desire is fulfilled. In spiritual life every prayer is inspired by the wisdom of the spirit, and such prayers are always answered. Whatever God may lead us to do He will always give us the power to do.

What the Spiritual  
Life Contains

The spiritual state of being is the great foundation of all being, and the source of everything that comes forth into perfect being; therefore, the more deeply we enter into the life and the power of the spirit the more fully conscious we become of those greater things that real life has in store; and whatever we become conscious of we invariably bring forth into tangible existence. The spiritual life contains real life, real power, real wisdom, real love, real harmony, real health, real purity, real peace, real joy, and to develop spirituality is to realize more and more of the real of these things until the perfection of divine being is unfolded and lived in the present, personal form. In consequence, when we are in the spiritual life we need sacrifice nothing that has real value, while we gain more and more of everything that has greater value. When we begin to live the spiritual life we begin to feel that we are now upon the solid rock of eternal being, and we feel absolutely secure. We realize that we are in safety, in divinity, in the protecting care of higher power. We are becoming more and more conscious of the cosmic atmosphere, and this gives added assurance of complete protection, because this higher, sublimated atmosphere is so surcharged with living spirit that no ill from the world can possibly pass through. We are absolutely out of the ills of the world when we are IN the spirit, just as we are absolutely out of darkness when we are in the light. And to grow in the spirit the first essential is to take what spiritual life we can now understand and give that life full, living expression in every atom of body, soul and mind.

There can be no real spirituality developed so long as we try to make such developments a matter of the soul alone; mind and body must be included or our efforts will simply result in feelings and sentiments that are neither wholesome nor harmless. Spirituality is not a matter of sentiment, nor is it wholly concerned with a future state of existence. Spirituality is a full life just for to-day. It is a life that IS



all that it is now, and those who are in the spirit know that the time that now is, is eternal.

One touch of the spirit and all is well. Darkness and pain will vanish, sickness and sorrow take flight; weakness and bondage will pass away, and troubles can exist no more. To be touched by the spirit is to be filled through and through with the spirit, and where the spirit is there evil is not.

What we have seen in our visions shall come to remain. What is revealed from on high shall come and abide with us always. Therefore let the soul dream on. Disturb not the peace of those sweet celestial slumbers, for what to us may appear to be spiritual sleep is but life in a greater world. And thus something from above comes to tell us, "dream on, fair soul, dream on."

Let the Soul Dream  
On

To worship God in spirit and in truth, is to so live that we can always feel that he is with us no matter what we may think or say or do. To worship God is to take Him with us in everything, ask Him for everything, have faith that He will give us everything, and be grateful to Him because we inwardly know that we are receiving everything. To worship is not to believe and adore, but to live and love; not simply to accept the truth but to make the truth the living soul of every thought and word and deed. When we worship God in truth, we enter into His presence knowing that He is divine perfection and that we are created in His image and likeness. To believe that we are depraved beings, base sinners or imperfect human creatures, is not to be in the truth, because to be in the truth we are as God is. Therefore, while we have those beliefs we cannot worship God in truth. To worship God in truth we must enter the truth, and to enter the truth is to know that man is even now the perfect image of the Most High.

To worship God in the spirit, is to forget the letter and enter into the spiritual realization of His omnipresent life. When we are in the spirit we do not worship with audible words or visible attitudes, but with that exalted spiritual feeling that enters into the very soul of the Infinite and there awakens to the great eternal truth that "My Father and I

Spiritual Worship



are one." When we are in the spirit we inwardly know that "God is closer than breathing, nearer than hands and feet," and we can feel that sublime nearness thrill every atom in our being. We need nothing to prove to us that we are one with God, for we can feel that it is the truth. Nor do we question any more whether God be personal or not. We know that we are with Him and that He is with us; and that is sufficient. His personal presence is more real to us than our own existence; we therefore need not reason on that subject. We have seen Him in the spirit, but that which is in the spirit, form cannot measure, nor words define.

#### Inspired Truth

The word of God is the word of truth. All truth is Scripture wherever found or by whom presented; and all Scripture is written when the mind is in the spirit. Therefore, to understand the Scripture we must enter the spirit, and read while illumined by the spirit. We shall then find, upon every page, "the bread of heaven," "the waters of life," "the meat that ye know not of."

The key to the Scriptures is not some system of symbolical interpretation, nor some special method of metaphysical or spiritual analysis. The key is simply to enter the spirit when you begin to read. The spirit reveals everything that is sacred and true.

#### They That Wait Upon The Lord Shall Renew Their Strength.

#### Live in the High Places



TO LIVE exclusively in materiality, that is, in the lower story of being, is the cause of all weakness and weariness. The remedy for such conditions will therefore be found in spirituality, which means to live in the upper story. So long as the mind is "high" in the world of consciousness there can be no weakness or weariness in the person. We cannot be weary while we are filled with the strength of the Most High, and we are in perfect touch with this great strength while the mind is living in the "high places" of the spirit. When we come down to the earth, earthy we lose this



superior power and become weak as mere men; we are limited in every respect and have to watch ourselves at every turn lest we overtax the system. But when we do all things in the realization that we are spiritual being filled with supreme power from on high, there is no limit to what we can do. Our strength is eternally renewed because we are waiting upon the Lord; we are living with Him, doing all things for Him, and in return we receive all things from Him.

When the mind lives constantly in the higher states of being, more perfect oneness with the Infinite is attained. We come nearer and nearer to the Life and the Spirit of the Supreme, and, in consequence, we are supplied with new life and power every moment. We are going into the source of all power; we are beginning to live and move and have our being in the very essence of that power, and we are becoming stronger by far than all the weakness and the weariness in the world. We are no longer subject to the laws of material existence; what holds true in the life of mere man does not hold true for us any more; we have entered a new life and are ascending triumphantly to the supreme heights of that life. The seeming weakness of the flesh has given place to the limitless strength of the spirit, for the very moment we begin to LIVE in the spirit, the power of the spirit begins to LIVE in us, and that which LIVES in us lives in every element of the body as well as in every attribute of mind and soul.

When The Spirit  
Lives In Us

Spirituality is the perfect remedy for all the ills of life, and to live the spiritual life is the greatest thing that man can do. Therefore, to promote spiritual growth among all minds that are ready, is of more importance than all other objects and aims combined. Thousands realize this, and, in consequence, are ever in search for methods through which the life of the spirit may be found. Methods, however, are of secondary importance. When the heart begins to feel the need of the spirit, and all the powers of mind begin to desire the spirit, the perfect way will be opened. To promote spiritual growth we must live in the spiritual center of the divine that is within us, but that divine center is not found through methods. No system of mental gymnastics can open the gates to the kingdom within; nor can any

The Great Remedy



system of logical reasoning in abstract truth cause the mind to be illumined with light from on high. Spiritual illumination does not come through a mere intellectual process, however exact; it comes only when the desires of the heart are spiritualized by a power that is infinitely greater than man.

The Spirit of Truth

To think the truth, even with absolute exactness, will not avail unless we think in the spirit of truth. The intellectual form of the truth has no power; it is the inner spirit of the truth that gives life, freedom and illumination to man. And when we begin to KNOW this inner spirit of the truth our minds have entered into the very soul of the real. Then it is that we gain power that to many seems superhuman; then it is that we take full possession of our own life and our own destiny; then it is that we find the faith that moves mountains, and through the life of this faith we press on and on to the great goal we have in view, removing every barrier in the way, overcoming every difficulty, surmounting every obstacle, rising higher than ever before every time we fall, transforming every seeming defeat into a great and glorious victory, passing through the fires of tribulation without even a hair being scorched, and coming out of every trying experience with greater purity and greater strength, realizing one ideal after another, ascending from one pinnacle of attainment to one that is higher still, finding answer after answer to the prayers we prayed in days gone by, until every desire is fulfilled and every dream of the soul made true.

Continue in the  
Spirit of Faith

There is no reason whatever why anyone should become discouraged, or be tempted to give up because the good things desired are not realized when expected. That which is your own will positively come to you, and everything is your own that you can use in the building of a greater and more beautiful life. Continue in the faith that you will now begin to realize the fullness of life, and enter into the INNER SPIRIT of that faith. Some of the greatest things in the world have been gained after many years of constant faith and prayer—things that would not have been gained if those who prayed had lived in discouragement and doubt. If there is anything that you



can use in the building of a great life, pray for it until you receive it no matter how many months or years may be required to cause your prayer to come true. Pray in the inner spirit of faith and when the time is ripe, be it to-morrow or twenty years from now, your prayer will be answered.

When your prayers are not answered at once, do not come to the conclusion that it is not best for you to have it; if that which you pray for will add to the welfare of somebody's life, it IS best for you to have it. Therefore, continue to pray for it until you receive it. It is best that you should have everything that is good and true and beautiful. All that is good is good for man, and it is the will of God that man should receive it. But God gives us only that which we desire. We have individual choice, and we must express our desire in the true spirit of faith. What we ask for will come when our faith is right and our life prepared to properly use the great good desired.

What is Best for  
You

To promote spiritual growth the inner light must shine in the outer life, and the inner world of divine truth must be expressed in every part of mind and body. The expression of the divinity within is absolutely necessary, and must be in every direction. Thousands today are expressing truth only for the purpose of securing health of body and peace of mind, and though they are having good results they will find ere long that in trying to perfect only a part of the outer life they have failed to bring forth the whole of the inner life. They will also find that the marvelous powers of the within have been permitted to sleep. After some years such minds will find that they have accomplished nothing more than being well and comfortable physically. But this is not all that we are living for. A genius is asleep in the subconscious of every mind; a spiritual giant is within us awaiting recognition; and in the soul is the Christ knocking at the door. These must not be kept waiting age after age while we are only concerned with being well and happy on the surface. It is not right to live a small life no matter how comfortable that life may be when we have received the gifts of the supreme life from on high.

The Full Use of  
Truth



When Life is Worth  
Living

The expression of the spirit should be universal in all the actions of man. The labor of the hands should be filled with the life of the spirit; the work of the mind should be animated with the one power of spirit, and every act of consciousness should feel the divine presence of the spirit. There are few, however, who think of expressing divine spirit in every day work, and consequently, the spiritual life becomes a thing apart. But when the personal life is separated from the spirit, darkness, confusion, sickness and trouble begin; existence becomes a burden, and though we may possess the wealth of the world, life has nothing of worth to give. There is no joy in things unless the power of the spirit is in the world of things. There is nothing to live for unless we live for the spirit, and when we begin to live for the spirit all things, from the least importance in the physical realm to the most precious elements in the highest spiritual realms—all become ministering angels, adding eternally to the worth, the beauty and the joy of personal life. To him who lives in the spirit, everything in life has much to give, and to him, the best alone is given.

Spiritualize All  
Action

When we think, the mind should be filled with the spirit, and our intellects will become brilliant in the true sense of that term. When we read, our eyes should be filled with the spirit, and our sight will ever become stronger and better. When we work, every muscle in the body should be filled with the spirit, and we should renew our strength from the source divine. We thus cause the outer life and the inner life to become one life, and it is such a life that we are here to live now.

Say that life is beautiful, no matter how things may appear on the surface. Say that you are strong and well no matter how the body may feel. You will thus speak the truth about the true state of being; and what you say, you create. Say that you are well and you create health. Say that life is divinely beautiful and you create such a life. And what we create today, we shall realize tomorrow.

Faith always elevates consciousness into the realms of higher power. This is why you can do anything when you have sufficient faith.



Do not complain that time is passing too quickly, or that life is too short. We are living in eternity. There is always more time to come, better things to come, and a greater life to come.

The soul that lives most perfectly in the present, creates most nobly for the future. Be yourself today, regardless of what happened yesterday. Be all that you are or can be today, and you will live in a fairer world to-morrow.

Make yourself a living example of the power of spirit. Do not permit a single weakness to continue for a moment. Do not say that you will be in the future; say that you are now; and you are, because you are the exact image of the Supreme.

When the soul discerns that My Father and I are One, the door to the kingdom of heaven within will be opened. To be with God is to be in heaven, and this is a privilege that any soul may enjoy now while yet in personal form.

Live eternally in conscious unity with the Infinite; have faith in God, have faith in humanity, have faith in yourself; then live, think and act according to principles only, and there is nothing you may not accomplish.

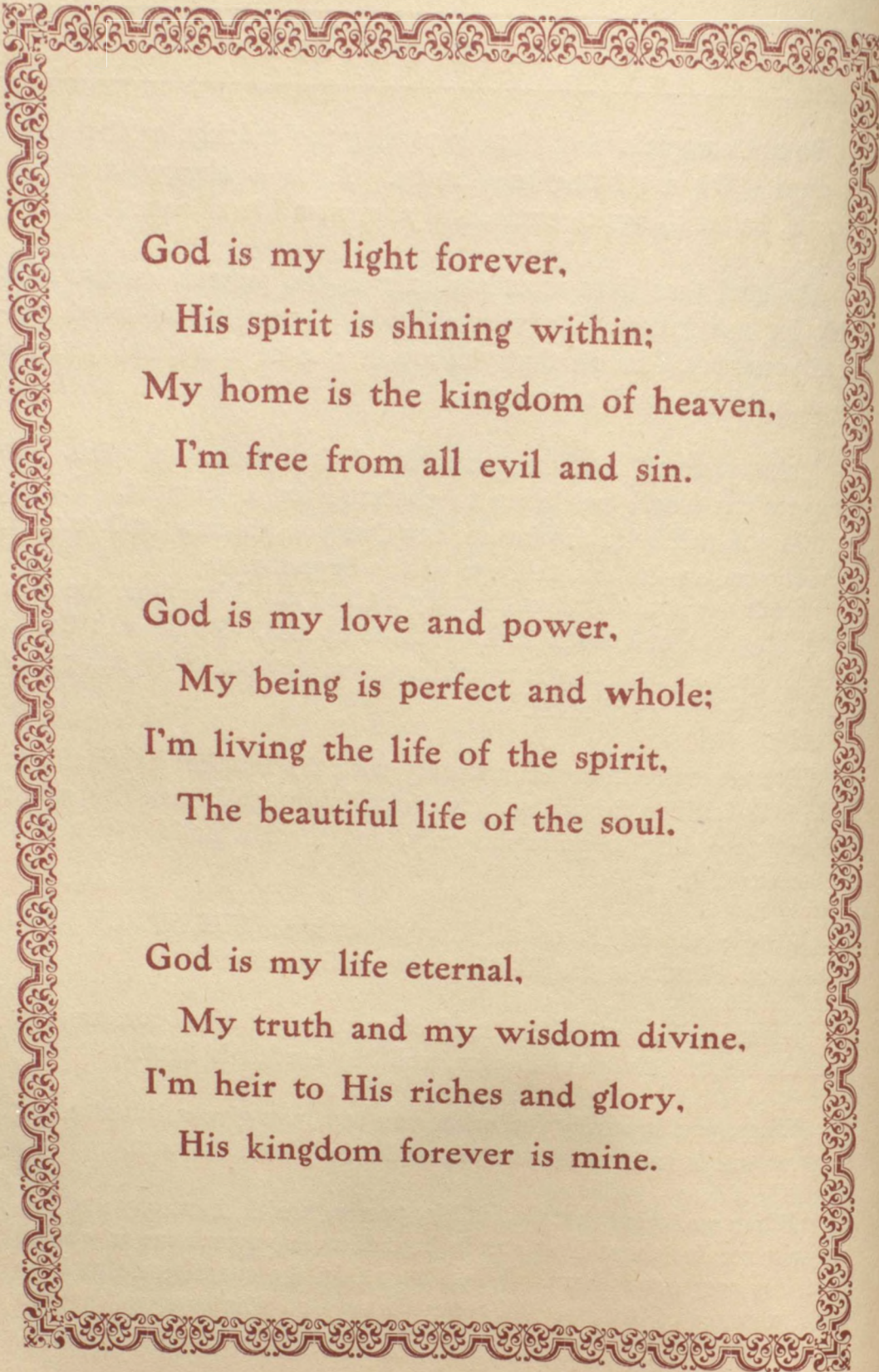
Love is the LIFE of all life. Spirit is the SUBSTANCE of all substance. Truth is the REAL of all reality.

Jesus is often called the man of sorrow, but of all sorrows, His was the least. My yoke is easy, and My burden is light.

When you inwardly feel what you say, you give spiritual power to your words; and what you say will surely come to pass.

When we know that God is life, power, health, harmony and joy, we will receive those blessings in boundless supply whenever we feel that His presence is here. When we attain the consciousness of the omnipresence of God, we will receive from God whatever we know to be in God.





God is my light forever,

His spirit is shining within;

My home is the kingdom of heaven,

I'm free from all evil and sin.

God is my love and power,

My being is perfect and whole;

I'm living the life of the spirit,

The beautiful life of the soul.

God is my life eternal,

My truth and my wisdom divine,

I'm heir to His riches and glory,

His kingdom forever is mine.



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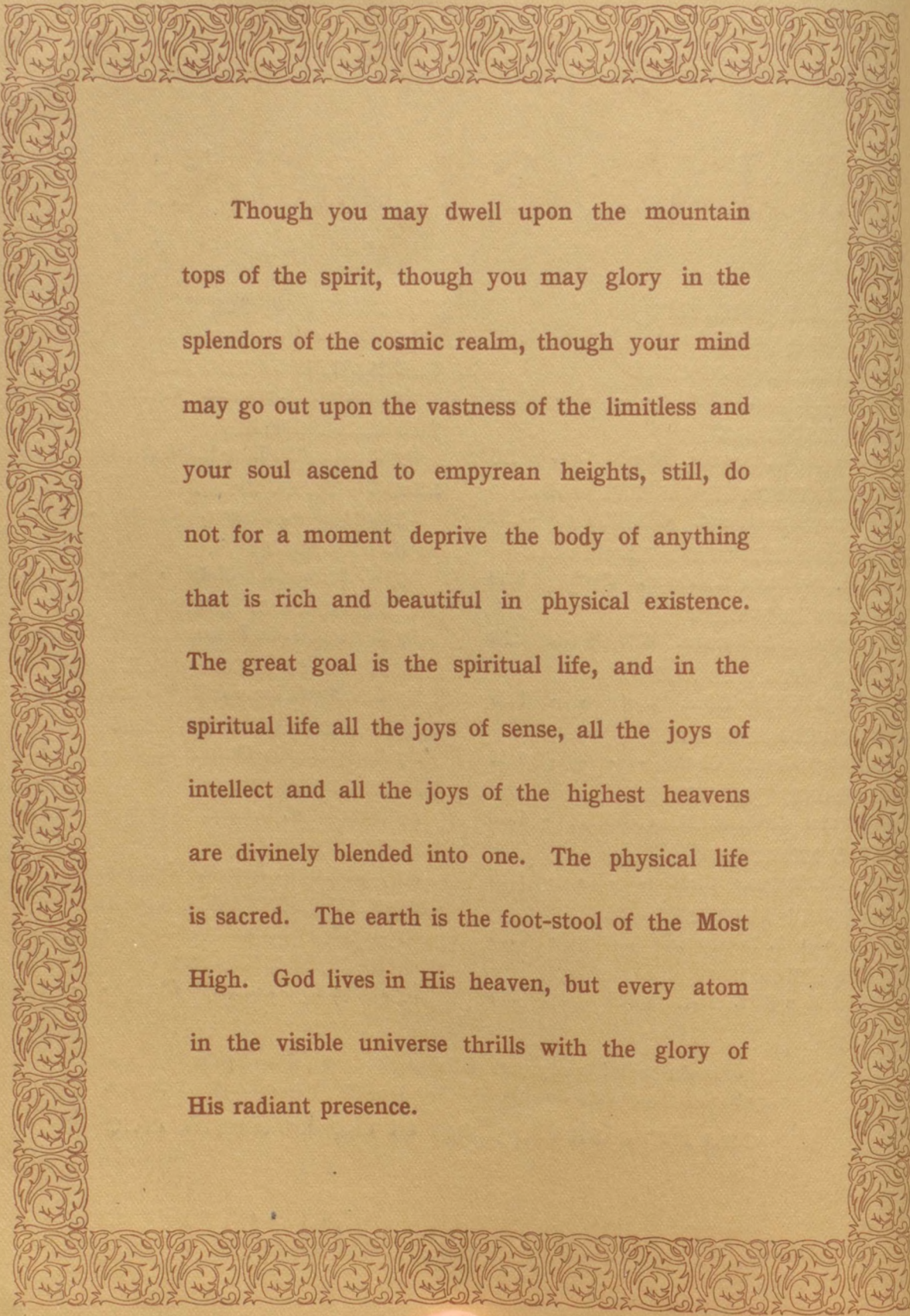
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tops of the spirit, though you may glory in the  
splendors of the cosmic realm, though your mind  
may go out upon the vastness of the limitless and  
your soul ascend to empyrean heights, still, do  
not for a moment deprive the body of anything  
that is rich and beautiful in physical existence.  
The great goal is the spiritual life, and in the  
spiritual life all the joys of sense, all the joys of  
intellect and all the joys of the highest heavens  
are divinely blended into one. The physical life  
is sacred. The earth is the foot-stool of the Most  
High. God lives in His heaven, but every atom  
in the visible universe thrills with the glory of  
His radiant presence.